



Penrith Town Council

Unit 1, Church House, 19-24 Friargate, Penrith, Cumbria, CA11 7XR
Tel: 01768 899 773 Email: office@penrithtowncouncil.co.uk

Youth Advisory Panel

Outcomes of a Survey exploring what young people feel about Penrith

Copyright © 2020. This document has been prepared by Penrith Town Council for the Penrith Town Council Youth Advisory Panel. No part may be produced or copied nor disclosed to third parties without prior written consent of Penrith Town Council.

INTRODUCTION

A survey with 24 questions was compiled by members of the Penrith Town Council Youth Advisory Panel working in partnership with Penrith Leisure Centre and Cumbria County Council Community Development Team (Eden) to gather views from young people about Penrith.

The survey ran from 14th February until 27th March 2020. It was available in hard copy from the Town Council Office, Penrith Library and Penrith Leisure Centre. It was also available online at: <https://cumbria.citizenspace.com/other-public-sector/youth-views-on-penrith/>.

A total of 67 online surveys were completed. 1 survey was deemed inappropriate and was removed, leaving 66 completed surveys. No hard copies were returned.

The 'Summary Section' which follows highlights some of the main findings, while the 'Feedback Section' provides more detailed information about young peoples' responses. 'Appendices 1-8' contain some of the uncategorised information. A copy of the survey is available for information in 'Appendix 9.'

SUMMARY

There were many, sometimes quite varied, answers to the questions posed.

All respondents were obliged to answer Questions 1-3.

Almost all respondents answered Question 9, a multi-part question which focussed on 'what's available for young people in Penrith.' A 5-point Lickert scale was used to gather responses to the different parts of the question.

- In response to 'affordability of things to do, there were 65 responses' most respondents answered 'OK'
- 65 respondents provided an answer to 'getting around,' with most saying it was 'OK'
- 65 respondents provided an answer to 'information on what's going on,' with most indicating it was 'OK'
- All respondents, 66, provided an answer to the 'Range of things to do,' with most choosing the rating 'Poor.'
- All respondents, 66, provided an answer to 'Shopping,' with most rating it 'Very Poor.'

Question 20 posed the question "If any, what do you think are the most serious challenges facing you? Please tick all that apply." A fairly large number of ticks, 338, were entered next to the statements listed. Details are below in the Feedback Section.

In relation to Question 17 "Do any of the following stop you from doing activities outside school or work? Please tick all that apply," 192 ticks were entered next to the statements listed. Again, details are below in the Feedback Section.

Different categories are used in this analysis to interpret responses to the open-ended questions posed. Overall, indications are that 'food outlets, cafes and restaurants,' are the places young people tend to hang out with friends or family. In addition, many young people say they go to shop at the large supermarkets.

Note: The local schools' proximity to these supermarkets may be a reason for this answer.

'Parks and outdoors' are also highlighted as places young people like to hang out, as is 'hanging out at the cinema.'

In several other questions, young people indicated they like to shop at retail clothes and charity shops. However, they indicate there aren't enough shops or a good variety of shops that cater specifically for them.

Some thought shops in the town were 'OK' or 'poor,' and others said they didn't like the shops in Penrith at all and/or wouldn't shop in town, with some indicating they would rather go to Carlisle to shop.

'Good transport' is highlighted as the biggest perceived advantage to living in Penrith, however, a few commented in a later question that 'bus transport on the whole is sometimes unreliable and could be better.'

Penrith's 'Schools' are seen as an advantage to living in the town, as is the 'cinema,' Additional information drawn from answers in different questions indicates that most young people know about the Leisure Centre, which they feel overall offers a range of good opportunities for many different sporting activities. Swimming was highlighted as an activity many young people are currently involved in.

Young people also tend to know about the youth clubs in town, and a large number overall felt that youth clubs were either 'OK' or 'Good.' However, some young people said that there isn't enough publicity about events put on especially for young people.

Dwelling on disadvantages of living in or close to Penrith and what they would like to see changed, most young people felt that there is a lack of free or low-cost things for them to do and nowhere to socialise, particularly after school and in the evening. Moreover, they felt places to eat are over-priced and too expensive for their pockets. A few young people indicated 'danger of drugs' and 'misbehaviour' was a disadvantage.

Asked about what activities/pastimes they actually attended, most said they did not attend any groups locally, the next highest answers were 'sports clubs' and then 'uniformed groups.'

There were a great many answers related to what young people would like in the town. Many answers related to 'fun venues and social spaces, 'including among others, 'discos,' 'music venues,' a 'media related group,' 'career advice' and an 'ice rink,' others to a range of 'sporting activities.' Some young people suggested more unusual pastimes, such as 'clubs providing opportunity to explore aspects of Science and Technology (mechanical, technical etc),' 'cookery classes,' 'careers fairs outside school,' 'arts' and a 'song writing club.' Again, need for more promotion about what is available was mentioned.

While a number of different venues were mentioned as good possible venues for alternative youth clubs, youth organisations sports and other youth provision, the Leisure Centre was mentioned most, followed by halls around town and units in New Squares.

A variety of opening times were mentioned with many suggesting after school and weekends.

The top reasons that stop young people doing activities included 'don't have time,' 'nothing in my immediate area' and 'I don't have anyone to go with.' Many also answered that they 'don't know how to find out about what's going on.' 'Shyness' was also mentioned as was lack of 'public transport.'

A variety of interesting answers related to skills young people would like to learn outside schools. Among those mentioned were 'life skills,' with some mentioning 'learning more about taxes,' 'car maintenance,' 'budgeting' and 'basic cooking,' also 'time management skills.' Many also said they would like to gain skills in specific sports and 'dance and music', while a few young people would like to achieve skills in 'sign language.'

In terms of favourite things to do in free time, 'sports and exercise,' 'meeting friends,' 'playing music,' 'watching movies' were among the various different answers given.

When asked to comment on the most serious challenges facing them, most young people who answered this question highlighted 'Exams' followed closely by 'School/College work.' A number of young people mentioned 'money,' 'career prospects,' 'environmental issues' and 'how people view young people' as the next most serious challenge. 'Mental health,' 'friendship issues' 'anxiety' and 'relationships with friends' were also highlighted as challenges. 'No suitable places to go' and 'people to talk to' were among the additional issues mentioned. Challenges around 'Family circumstances,' 'Bullying,' 'Health' 'Alcohol' 'Drug Problems' and 'Peer Pressure' were also ticked, although less often.

When asked if they would like to indicate 'Other Challenges,' young people who answered this question mentioned 'Work,' 'Support for LGBTQ+ Community' and 'How people view me.'

Two questions relating to 'Climate Change' attracted a high number of answers. Question 24 "Would you be prepared to get involved in supporting local Climate Change Projects that are attempting to make a difference?" used a 'Lickert' type scale to rate answers. 58 responses were received with most respondents indicating that it's 'exceptionally important' to get involved.'

Question 23 also used a 'Lickert' type scale to rate answers to the question "Please indicate how important the issues around Climate Change are to you? 57 responses were received. 'Most young people said issues around 'Climate Change' are exceptionally important to them.

FEEDBACK

Question 1. 'What age group are you in?' 46 respondents indicated they were in the 14-16 age range, while 17 said they were in the 17-19 age range and 3 respondents said they were in the 20-24 age group.

Question 2. 'How do you identify yourself?' In the 14-16 age range, 18 respondents said they were Male, 24 indicated they were Female, 1 respondent answered Transgender and 1 respondent said they'd 'Rather not say.' In the 17-19 age range, 6 respondents answered Male, 10 said they were Female, while 1 respondent indicated 'Don't know.' In the 20-24 age range, 3 respondents said they were Female.

Question 3. 'Where do you live?' 20 respondents indicated they lived in Penrith, while 18 indicated they lived close to Penrith (within 5-10 miles), and, notably, 27 indicated they lived outside Penrith but at school/college in Penrith and/or regularly used the town's facilities. Only 1 respondent indicated they lived outside the immediate area but worked in Penrith and/or regularly used the town's facilities.

Question 4 'If you are in Penrith with friends or family, where do you go to hang out?'

48 respondents provided a variety of answers listed in Appendix 2 and categorised in Table 1 below.

Table 1

Response Categories	No of Mentions
Food Outlets/Cafes/Restaurants	21
Parks/Outdoors	12
Cinema	9
Home/Family/Friends Homes	8
Shops/Clothes Outlets/Charity Shop	6
Leisure Centre/Sports/Swim Pool	3
Town/Town Centre	3
Carlisle	2
Arts	1
Pubs	1
Out in the Country	1

The highest number, 21, mentions were for 'food outlets, cafes and restaurants.'

12 mentions for 'parks and outdoors.'

9 mentions for 'the cinema.' 8 'being at home, spending time with family or going to friends' houses,' 6 hanging out at 'shops and clothes outlets,' 3 mentions were for the 'Leisure centre,' 'sports & 'swimming' and 3 'the town/town centre.' 1 mention was for 'Arts venues,' 1 'pubs' and 1 hanging out with friends 'in the country.'

Question 5. If you are in Penrith with friends or family, where do you go to shop?

60 respondents provided a variety of responses to Question 5, highlighting places they would go to shop. See Appendix 3 for list of responses categorised in Table 2 below.

Table 2

Shopping at	Number of Mentions
Sainsburys	24
Morrisons	15
Aldi	11
Home Bargains	11
Charity shops	8
Booths	7
B&M Bargains	5
Town Centre/ Main Town	4
Supermarkets generally	4
M&S	3
Dorothy Perkins	3
Boots (and Superdrugs before it was shut down)	3
Lion gallery	3
W H Smith	3
Prefer to go to Carlisle	3
Grahams	2
Cranstons	2
Devonshire Arcade	2
Iceland	2
Lakeland Music	1
Sports Direct	1
Bookshops (Hedgehog Books)	1
Holland & Barrett	1
Another Weigh	1
Penrith Health Food Store	1
Peacocks	1
Pets at Home	1
Brunswick yard	1

Toymaster	1
Cafes in general	1
Cinema	1
Subway	1

24 responses indicate Sainsburys is the most popular place for young people who answered the question 'Where do you go to Shop.?'

15 responses highlighted shopping at Morrisons.

11 respondents said they shop at Aldi and 11 at Home Bargains. 8 shop at Charity Shops. 7 at Booths, 5 shop at B&M Bargains and 4 shop in the town/town centre generally.

3 respondents shop at M&S, 3 at Dorothy Perkins, 3 at Boots, 3 at the Lion Gallery, 3 at W.H Smiths and 3 prefer to shop in Carlisle or a bigger city.

1 respondent said they shop at bookshops (such as Hedgehogs), 1 Holland & Barrett, 1 Another way, 1 Penrith's Health Food Store, 1 Peacocks, 1 Pets at Home. 1 pointed to Brunswick Yard. 1 referred to Toymaster, 1 to cafés in general, 1 to the cinema and 1 said Subway.

Question 6: What, if any, are the advantages of Penrith for young people who live in or close to the town?

57 respondents provided a variety of answers to question 6, outlining perceived advantages of Penrith. See Appendix 4 for individual comments which are categorised in Table 3 below.

Table 3

Perceived Advantages	Number of Comments
Good Transport - Train Station/Bus Station	16
Shops/cafes/places to eat/food stores	13
Leisure centre/Swimming/Sports & Physical Activities	12
Schools	10
Cinema	9
Youth Organisations/Activities/Arts/Plenty to do	7
Zero/Nothing to do	7

Compact/everything close together/Not too busy/Feels safe/ Good Public Areas/Places to hang out/Nice Town	6
Parks/green spaces	3
Pubs and clubs	2
Work Opportunities	1
Doctors Surgeries	1

'Good transport,' mentioned 16 times, was perceived as the greatest advantage of living in Penrith, followed by 'shops, cafes and places to eat,' mentioned 13 times. The 'Leisure Centre and sports activities' was highlighted 12 times, 'schools' 10 and the Cinema 9 times, 'youth organisations/Activities/Arts/Plenty to do was mentioned 7 times.

Question 7: What, if any, are the disadvantages of Penrith for young people who live in or close to the town?

56 respondents provided a variety of answers to illustrate what young people view as disadvantages of Penrith for those who live in or close to the town.

See Appendix 5 for the individual comments which are categorised in Table 4 below.

Table 4

Perceived Disadvantages	Number of Comments
No easily found/not enough youth club(s)/not much to do/not enough events for young people/nowhere to have fun/nothing free for youth/nowhere to socialise after school/not many places to meet and do things/lack of night activity	21
Not enough shops/not enough variety in shops/restaurants/cafes/some shops overpriced	17
Danger of Drugs/Alcohol/sometimes not safe/misbehaviour around town/at MacDonalds	4
Poor public transport/not enough buses, especially to outlying areas/trains unreliable	2
Poor public transport	2
Swimming pool too small/ No running track	2
'Penrith Pong'/smells bad	2
Not enough publicity for youth events	1

Not many job opportunities	1
Not very diverse/feel excluded	1
New Squares deserted	1
Dog Poo	1

21 answers indicate that many of the young people who responded to this question perceive lack of clubs, places to go and events specifically for young people to be among the disadvantages of living in or close to Penrith.

17 mention the lack of diverse, low priced shops for young people.

'Drugs, alcohol and misbehaviour' were mentioned 4 times and 'poor public transport' twice. 1 response indicates a need for more publicity for young peoples' events. 1 suggests there are not many job opportunities, 1 respondent felt Penrith was not very diverse and so felt excluded. 1 said New Squares was deserted and 1 pointed to the problem of dog poo.

Question 8: What, if anything, do you think could be changed about Penrith for people your age?

53 young people responded to this question, offering a variety of comments. A detailed list is available in Appendix 6 and various suggestions are categorised in Table 5 below.

Table 5

What could be changed about Penrith?	Number of Comments
More Youth Clubs/youth cafes	1
More shops/better variety of shops/	11
Record and roller discos	1
Indoor football/sports/ bowling alley/ Improved sports facilities/athletics track	4
General/better facilities/More things to do/more activities/places for young people (to interact and have fun), especially after school & over weekend	14
More hand sanitizers in school	1
Parks/more grassy areas (besides Castle Park)	1
Build more	1
Increase major employers (willing to give young people a chance)	1
New Nightclub	1
Make Penrith bigger and better	1
More trees	1

Increased enforcement for drug dealers and resolution of problem of smoking	1
Increased promotion of youth clubs and facilities outside school	1
More/better/cheaper public transport/especially between smaller villages	6
More concerts/exhibitions	1
More footpath routes around town or more signs to footpath circuits	1
Less Supermarkets and more 'bohemian' shops and tourist attractions	1
Cheaper cinema	1
Youth clubs to stay open	1
Improve Mental Health Services	1
"Get a roller disco, trampoline park, miniature theme park, bigger library, more book shops and some funky street art"	1
More pedestrian crossings with traffic lights	1

14 responses suggest the following changes, 'general/better facilities/more things to do/more activities/places for young people (to interact and have fun) especially after school & over weekend.'

11 suggest changes leading to provision of 'more shops/better variety of shops' for young people.

6 suggest changes to produce 'more/better/cheaper public transport/especially between smaller villages,' while 4 responses point to changes that would provide 'indoor football/sports/ bowling alley/improved sports facilities/athletics track'.

1 suggestion was put forward for each of the following: 'Record and roller discos,' 'More hand sanitizers in school,' 'Parks/more grassy areas (besides Castle Park),' 'Build more,' 'Increase major employers (willing to give young people a chance).' 'New Nightclub,' 'Make Penrith bigger and better,' 'More trees,' 'Increased enforcement for drug dealers and resolution of problem of smoking,' 'Increased promotion of youth clubs and facilities outside school,' 'More concerts/exhibitions,' 'More footpath routes around town or more signs to footpath circuits,' 'Less Supermarkets and more 'bohemian' shops and tourist attractions,' 'Cheaper cinema,' 'Youth clubs to stay open,' 'Improve Mental Health Services,' 'Get a "roller disco, trampoline park, miniature theme park, bigger library, more book shops and some funky street art' and ' More pedestrian crossings with traffic lights.'

Question 9: How would you rate the following for young people in Penrith?

- **Affordability of things to do**

Table 6

Rating	Responses
Excellent	5
Good	14
OK	28
Poor	9
Very poor	3
Don't Know	6

As Table 6 shows, there were 65 responses to this section. Most, 28, think 'Affordability of things to do in Penrith' is 'OK.' 14 think it's 'Good,' while 9 think it's 'Poor.' Only 5 respondents think it's 'Excellent.' 3 think it's 'Very poor,' and 6 answered 'Don't know.'

- **Getting around e.g. transport**

Table 7

Rating	Responses
Excellent	5
Good	9
OK	22
Poor	11
Very poor	13
Don't Know	5

There were 65 responses to this part of Q9. As Table 7 illustrates, most, 22 respondents, think 'getting around, e.g. transport' is 'OK.' 13 answered 'Very poor,' while 11 said it was 'Poor.' 9 think it's 'Good.' Only 5 respondents think getting around is 'Excellent.' 5 answered 'Don't know'

- **Information about what's going on**

Table 8

Rating	Responses
Excellent	2
Good	9
OK	25
Poor	14
Very poor	10

Don't Know	5
------------	----------

As Table 8 illustrates, there were 65 responses to this section. Most, 25 respondents, think 'Information about what's going on' is 'OK.' 14 feel it's 'Poor,' and 10 said it's 'Very poor.' Only 2 respondents think 'information about what's going on' is Excellent. 9 respondents said it's 'Good' and 5 answered 'don't know.'

- **Range of things to do**

Table 9

Rating	Responses
Excellent	1
Good	8
OK	13
Poor	29
Very poor	10
Don't Know	5

As Table 9 illustrates, there were 66 responses. 29 respondents said the 'Range of things to do is 'Poor.' 13 answered 'OK,' while 10 said 'Very poor.' 8 think the range of things to do is 'Good,' while 5 answered 'Don't know.' Only 1 respondent said the range of things to do is 'Excellent.'

- **Shopping**

Table 10

Rating	Responses
Excellent	2
Good	12
OK	17
Poor	15
Very poor	16
Don't Know	4

As Table 10 illustrates, there were 66 responses to this section. 17 said 'shopping in Penrith' is 'OK.' 16 think it's 'Very poor,' while 15 think it's 'Poor.' 12 think it's 'Good.'

4 say they 'Don't know' and only 2 think it's 'Excellent.'

Question 10: What Youth Clubs/Other Youth Organisations/sports facilities or other youth venues do you know about in Penrith?

51 young people provided a variety of responses to this question. The responses detailed in Appendix 7 are categorised in Table 11 below.

Table 11

Response	No of times Mentioned
Penrith Leisure Centre	28
Rugby Club	11
ATC/Air Cadets/ACF/Police Cadets/Scouts	7
The Bridge	6
The Gathering	6
Other/Youth Clubs (incl Churches)	6
Guides, Brownies	5
Hockey	5
Penrith Players	4
Young Farmers	4
Netball	4
Youth Panel/Councils	3
Badminton	3
Various Football Clubs	3
Penrith Tennis	2
Cricket Club	2
Warehouse	2
Frenchfield (outdoor sports)	2
YouthZone (Carlisle)	1
Squash Club	1
Town Band	1
Dance	1
Girls football	1
Skate Park	1
Blue Jam/Arts	1
Eden Runners	1

In total 28 young people indicated they know about Penrith Leisure Centre.

11 mentioned the Rugby Club; 7 referred to the ATC/Air Cadets/ACF/Police Cadets/Scouts, while 6 referred to The Bridge, 6 to The Gathering and 6 to other youth-oriented clubs (including churches).

5 mentioned Hockey, 4 Penrith Players, 4 Young Farmers and 4 Netball.

3 said they know about Youth Councils/Youth Panel 3 referred to Badminton, 3 to various football clubs, 2 to Tennis, 2 to the Cricket Club, 2 to Warehouse, 2 to Frenchfields.

1 mentioned YouthZone (Carlisle).1 the Squash Club, 1 The Town Band, 1 Dance Club, 1 Girls Football, 1 the Skate Park, 1 BlueJam and 1 Eden Runners.

**Question 11: Which of the following do you attend in Penrith?
Please select all that apply.**

There were 61 responses to the statements in this question, as indicated in table 12.

Table 12

Attended	No of responses
Youth Clubs	3
Uniformed Groups (e.g. Guides, Scouts, Air Cadets)	6
Dance Lessons/Groups	3
Arts/Crafts Sessions	1
Music Lessons/Groups	5
Sports Clubs	16
Young Farmers	1
Other	5
I don't attend any groups locally	21

21 young people said they didn't attend any groups locally. 16 said they attend 'Sports clubs,'

6 said they attend uniformed groups such as Girl Guides, Scouts and Air Cadets, 5 said they attend 'Music Lessons/Groups. 5 ticked 'other.'

3 said they attend Youth Clubs and 3 said they attend Dance Lessons/groups.

1 said they attend 'Arts/Crafts Sessions and 1 Young Farmers.

Question 12: If you are currently involved in Sports activities, please list all of them below:

33 young people provided a variety of responses to this question. The full list of responses is available in Appendix 8, with categorisation of responses in Table 13 below.

Table 13

Involvement in Sports Activities	No of times mentioned
Swim/Swim Club, Penrith	6
Climbing	5
Rugby	5
Hockey	4
Football	4
Running/Eden Runners	3
Gym/Fitness/Exercise class	3
Trampolining/Double Mini Trampoline	2
Badminton	2
Swimming (Carlisle)	2
Swimming (Lazonby Pool)	1
Karate	1
Rowing	1
Athletics	1
Netball	1
Cricket	1
Tennis	1
Eden Runners	1
CrossFit Kids+Teens	1
Biking	1
Tri	1
Badminton/Dance/Climbing/Bouldering (outside Penrith)	1

As Table 13 indicates, 6 respondents said they took part in 'Swimming ,' 5 are involved in 'Climbing' and 5 in 'Rugby,' 4 in 'Hockey' and 4 in 'Swimming in Penrith.' 3 are involved in 'Running/Eden Runners,' 3 in 'Gym/Fitness/Exercise class,' 2 are involved in 'Trampolining/Double Mini Trampoline,' 2 in 'Badminton,' 2 in 'Swimming (Carlisle)', and 1 in Swimming (Lazonby). 1 person is involved in each of the following: 'Karate,' 'Rowing,' 'Athletics,' 'Netball,' 'Cricket,' 'Tennis,' 'Eden Runners,' 'CrossFit Kids+Teens,' 'Biking,' 'Tri' and 'Badminton/Dance/Climbing/Bouldering (outside Penrith).'

Question 13: Thinking about the youth clubs/youth organisations/sports facilities or other youth venues you go to in Penrith, how would you rate them?

Answers to the rating scales in this question are summarised in Table 14 below.

Table 14

Rating	Responses
Excellent	4
Good	14
OK	17
Poor	6
Very Poor	2
Don't know	2
Don't attend any	11

In total, 56 responses were received to Q13. As Table 14 illustrates, 17 answered 'OK,' 14 said 'Good,' 6 said 'poor.' 12 indicated they 'don't attend any,' and 4 considered them 'excellent.' 2 answered 'Very poor'

Question 14: If you would like alternative youth clubs/youth organisations/sports activities/other youth provision in Penrith, what would you like?

Below is a list of the things the 23 young people who provided answers to this question say they would like. To highlight the variety of thoughts on what young people would like in Penrith, these responses have not been categorised.

- Discos are making a comeback. Penrith should get on it
- Youth Clubs are not very good and not places to play sports because there isn't any
- I would love a cycle track or RC Car area (something like that)
- A more casual place
- Media Related Group
- A Triathlon Squad. I would like a cycling circuit for 'crit' racing. I would also think a running track would be very beneficial; also a 50m swimming pool please
- Either a dedicated Kendo or Fencing 'club'
- Music venue
- Something like a ping pong small games table
- More youth clubs for older teens
- Career advice for young adults
- More music activities

- Cookery class; a class on how to learn about financial aspects of adult life; Careers Fair in Town and not just in school; Magic Club; Movie Club
- Discounted exercise classes at the Leisure Centre
- Ice Rink, a bar like the one that used to be above SPAR; something for over 18s to do, Warehouse isn't great.
- A Gamers Club (Gamers only)
- Places to socialise
- More sports; STEM [*to explore aspects of Science & Technology*] clubs – Mechanical, Technical etc
- Maybe a Song Writing Club; I think there needs to be more promotion of events for older teenagers, 15-19, because in reality none of them will go to Scouts or want to attend a Youth Club full of Year 8s (though maybe I'm biased), but I think they need to be able to find out about events more easily.
- Just a fun youth group that you can hang out with people at.
- Probably Badminton or tennis.
- Shops
- I haven't heard of anything that is going on.

Question 15: Where would be a good venue for the alternative youth clubs/youth organisations/sports activities/other youth provision in Penrith which you have mentioned in Q.14?

To show differing views, these questions have not been categorised. However, it is noted that the 'Leisure Centre was suggested as a good venue 4 times, while 'halls in Penrith' was suggested 3 times and 'New Squares' twice.

- Leisure Centre
- Leisure Centre
- Probably on outskirts, or top of Leisure centre
- Anywhere in the Centre of Town
- Shooting Range
- Build a cycling circuit on the outskirts of town
- Maybe village hall building if any in Penrith
- Library
- Bluebell Carpark Hall (By B&M)
- Leisure Centre
- Above SPAR
- In the shopping complex by Sainsburys that no-one ever uses (New Squares) (Also put a Primark in New Squares).
- Probably not any, lack of facilities
- Perhaps rent out schools
- School Laboratories/halls or build a new venue
- Blue Jam Arts rents rooms out at good value

- There are many halls around Penrith so one of those
- Leisure Centre
- Leisure Centre
- Not sure how expensive it would be, there's loads of space in New Squares

Question 16: What timescales e.g. opening days and times would you prefer for the youth activities you would like?

35 young people answered this question, as follows. There are a variety of answers which have not been categorised so as to highlight different views.

- Saturdays, at Midday (round about)
- Friday/Saturday
- After 6
- Just have a pass and you can go in whenever you want
- 16.00 – 18.00
- 9.00am-5.00pm
- Weekends after school
- Should be open frequently
- 6.00pm
- In the evenings on Mondays-Wednesdays from 16.00hours – 18.00 hours or/and Saturday with times to be confirmed
- 7-9 pm
- Every weekend and maybe after school
- Weekend after 10
- Until 9pm
- After school
- After school and at weekends
- Saturdays
- Weekends/Evening
- Preferably on a Saturday
- After or before school time, possibly lunchtimes
- Weekends; after school
- After school from 5.00pm
- After school
- After Spring half-term – just before summer holidays (3 weeks before?) 5.00pm-6.00pm
- After School
- Weekends and Fridays
- For older young people Saturdays; Saturday and Friday nights are good for gigs
- After school evenings

- Monday or Thursday from 5.00pm-6.00pm
- 11.00am-10.00pm
- After 4.30 on weekdays because of school; 9 in the morning or 2 in the afternoon at weekends
- After school
- On weekdays 4.00pm-7.00pm
- On Weekends 11.00am-7.00pm (Depends on demand)
- Weekends or after school

Question 17: Do any of the following stop you from doing activities outside school or work? (Please tick all that apply).

This question listed specific statements and asked respondents to tick those that applied to them. A total of 192 responses are noted in Table 15 below.

Table 15

Option	Number of Responses
There's nothing in my immediate area	27
It costs too much money	12
I don't have time	28
I have no-one to go with	24
There isn't a bus service/public transport	17
I don't have access to any private transport	8
There's nothing available at the time I want to do it	16
I don't know how to find out what's going on	24
I'm not interested in any activities	10
I'm too shy	14
Nothing stops me	8
Not answered	4

Question 18: What, if any, skills would you like to learn outside school or work?

30 respondents answered this question. Amongst the variety of favoured skills mentioned, most were associated with 'Leisure activities. However,

it is noted that 'Life skills' often related to 'Tax and Finance' was mentioned 7 times, 'Sign Language' twice and 'Time Management' skills twice. 'Interview techniques' was mentioned once and Work Experience once.

- Life Skills (mortgages, taxes, car maintenance, basic cooking etc); survival skills (building fires without matches, how to find edible plants in the wild, self defence etc.); employable skills (important foreign languages, first aid, communication etc.)
- Basic Life skills
- Agricultural skills i.e. managing and working on farms and how it all works
- Practice interview techniques for applying for jobs or university
- Work Experience
- Things which matter and which will set one above the normal 'mob'
- Camping skills e.g. cooking, woodwork
- Music
- Archery
- To organise myself so I can keep up on homework, revision or karate practice
- Archery
- Map reading & problem solving
- Just something different to school's curriculums – maybe things to do with finance etc that are useful for young people
- More musical skills, rugby
- Sports like dance, trampolining
- Gymnastics
- Boxing
- Life skills e.g. budgeting
- Foreign languages, Sign language
- Hairdressing
- How to cook
- To speak sign language/Makaton (simplified sign language); to be involved in more bands; Maybe even study sessions
- Drama skills – all the drama groups are when I have another activity
- I would like to be able to fluently speak a different language
- Life lessons like taxes and stuff
- How to deal and get life skills like how to deal with taxes
- Gymnastics and maybe dance
- Archery
- How finances work; DIY skills; Cooking Skills; Time Management skills
- Dance

Question 19: What is your favourite thing to do in your free time?

50 respondents answered this question, as below. These are not categorised to provide a broader flavour of different pastimes favoured.

- Meeting up with my friends
- Air cadets
- Talk to people
- Modelling, Relaxing
- DIY fishing for salmon
- Phone stuff
- Go cycling in the middle of no-where
- Gaming
- Play music and play Xbox
- Meet with friends
- Sports, Swimming, Cycling and Running
- Football and Video Games
- Run, swim, read
- Read, craft, game, draw up plans
- Badminton, Football, Trampolining, Play outside
- Stay at home
- Play games or read a book
- Gaming if I'm not doing schoolwork
- Music
- Sit at Home
- Watch Netflix, to film 'TikTok,' or hang out with my friends, chill with my cat and dog
- Listen to music
- Sleep
- Read
- I like to read and do sports
- Play hockey, Cook, Photography
- Compose music
- Trampolining and walking the dogs
- Sports
- Watch Movies
- Do Sport
- Listen to music
- Shopping
- Do make-up, buy clothes and buy make-up (cheap and affordable)
- Do Homework or hang out with friends. Go to places like McDonalds and Home Bargains
- Climbing and Bouldering
- Read, Go Climbing
- Play music, go to gigs, windsurf, team sports, see friends
- Dance

- Sport
- I like playing a game called 'Adopt Me' on Roblox
- See friends
- Exercise
- Reading
- Play outside and chill
- Learn different tricks, work out, play games with family, talk with friends
- Painting
- Watch films with the guys
- Draw
- Art, reading

Question 20: If any, what do you think are the most serious challenges facing you? Please tick all that apply.

This question listed specific statements and asked respondents to tick those that applied to them.

The total number of responses to the statements, 338, are noted in Table 16.

Table 16

Challenges Identified	Number who ticked this statement
School/College work	40
Exams	43
Career/Job Prospects	22
Money	23
Health	11
Friendship Issues	19
Family Circumstances	8
Things to Do	16
Environmental Issues	22
People to talk to	12
No Suitable Places to Go	13
Bullying	7
Anxiety	19
Mental Health	21
Peer Pressure	6
Relationships with Friends	19
Alcohol problems	6
Drug Problems	3
How People view Young People	21

Other	7
-------	---

Question 21: If you answered 'Other' in Q.20, please indicate below what challenge(s) you face? You do not need to answer this question if you are anxious about it.

3 responses were received, as follows:

- Work
- Support for the LGBTQ+ Community
- How people view me

Question 22: If you highlighted any specific problems/ challenges in Q.20 and/or Q.21, would support from a local support worker be helpful to deal with them?

This question used a nominal yes/no scale. There were 45 answers, as follows:

Table 17

Rating	Responses
Yes	18
No	27

Question 23: Please indicate how important the issues around Climate Change are to you? Please rate on a scale of 1-10, where 1 is 'not at all important' and 10 is 'exceptionally important.'

There were 57 responses to the question, as follows.

Table 18

Rating	Responses
1 Not at all important	4
2	1
3	0
4	1
5	2
6	4

7	9
8	10
9	6
10 Exceptionally important	20

Most, 20 young people, gave a rating of 10, 'Exceptionally important,' to the importance of 'Issues around Climate Change.' 6 respondents chose rating 9, 10 chose rating 8, 9 rating 7, 4 rating 6, 2 rating 5, 1 rating 4 and 1 rating 2. 4 respondents chose rating 1 'Not at all Important.'

Question 24: Would you be prepared to get involved in supporting local Climate Change Projects that are attempting to make a difference?

A 1-10 point 'Lickert' Type Scale' was used to gather responses to this question. There were 58 responses, as follows.

Table 19

Rating	Responses
1 Not at all important	4
2	1
3	0
4	1
5	2
6	4
7	10
8	10
9	6
10 Exceptionally Important	20

Most, 20 respondents chose rating 10, indicating they feel it is 'Exceptionally important' to get involved in 'local Climate Change projects that are attempting to make a difference.'

6 chose rating 9, 10 rating 8, 10 rating 7, 4 rating 6.

2 chose rating 5, 1 rating 4, 0 rating 3, 1 rating 2 and 4 chose rating 1, 'Not at all important.'

Appendix 1

Q3. Where do you live?



Option	Total	Percent
Penrith	20	30.30%
Close to Penrith (within 5 -10 miles)	18	27.27%
Outside immediate area but at school/college in Penrith and/or regularly use the town's facilities	27	40.91%
Outside immediate area but work in Penrith and/or regularly use the town's facilities	1	1.52%
Not Answered	0	0%

Appendix 2

Question 4: If you are in Penrith with friends or family, where do you go to hang out?

48 respondents answered this question. Responses are listed below and are categorised in the Feedback Section above.

- Castletown Park/rec
- Parks such as Castle Park; going to the cinema
- I have friends and family and I hang out nowhere because there's nowhere to go
- Nowhere, there's nothing, friend's house
- Castle Park
- Maccas
- Nowhere – there is only one cinema
- Carlisle
- I only tend to go into town for food shopping. I'd much rather be out in the country. Me and my friends have been to Castle Park
- M&S Café with my friends
- The town centre; McDonalds; Costa etc
- MacDonalDs
- N/A
- Home Bargains and School
- N/A
- Swim Pool, Beacon, or Friends house
- Around the area of the Town Centre
- Depends what I'm doing but mostly in Penrith to play Badminton at leisure centre or QEGS or I'm at school (QEGS)
- Cinema
- Cinema; my house; Castle Park
- Centre of Town
- McDonalds
- McDonalds, castle Park, Home Bargains, Sainsburys or Morrisons
- Cinema or shopping
- Most likely food outlets such as restaurants
- Cafes/Restaurants
- Cafes – Chapter 12, Narrowbar, The Lounge etc Chain shops – Costa, McDonalds, KFC etc
- Cinema, Narrowbar café, McDonalds, castle Park, The Lounge
- Subway or Narrowbar
- I hang out with my friends at the cinema. I also go shopping. I also go for a meal out.
- There really isn't anywhere in particular, but probably a café or a friend's house
- Town
- McDonalds, The Reck, Castle Park

- Green spaces, charity shops, and occasionally the cinema
- I don't
- Costa, Restaurants
- Carlisle
- Blue Jam Arts centre, Pubs, Friend's Houses, If it's sunny, the park.
- Cinema
- My friend and I usually hang out at Costa Coffee
- Cinema, Castle Park, McDonalds, Greggs that kind of area
- At a cafe or the cinema
- Town
- Normally the park in town or the cinema
- Sainsburys
- Costa – but I don't have many people to hang out with
- Our houses
- The cinema

Appendix 3

Question 5: If you are in Penrith with friends or family, where do you go to shop?

60 respondents answered this question. Responses are listed below and categorised in the Feedback Section above.

- B&M Bargains
- Sainsburys, Morrisons, B&M, M&S
- No shops I like
- Home Bargains
- Main Town (Sainsburys, Toymaster sort of area)
- M&S
- Home Bargains
- Wherever we need to
- Nowhere
- Sainsburys or Booths
- Morrisons, Sainsburys, Aldi, B& M Bargains, the other B& M Bargains, Iceland, Devonshire Arcade, Cranstons, Subway, Booths
- Morrisons, Sainsbury's, W H Smith
- Nowhere really, supermarkets
- Sports Direct
- Sainsburys
- N/A
- Sainsburys and Grahams
- John & James Graham, Aldi, Home Bargains, Sainsburys
- Morrisons, Sainsburys
- Town
- Sainsburys
- Boots
- Boots and Superdrug before it was shut down
- Sainsburys, Morrisons or Aldi
- Aldi, Home Bargains, Sainsburys, Dorothy Perkins, Lakeland Music or a charity shop
- Morrisons, Aldi, Sainsburys
- Bookshops like Hedgehog books or clothes shops like Dorothy Perkins
- Supermarkets for groceries, not many social shopping places – maybe Lion Gallery and small boutiques like that
- Sainsburys
- Supermarkets – Sainsburys, M&S, Morrisons, Aldi, etc. Other shops Cranstons, Devonshire Arcade, WH Smith etc
- Sainsburys, Home Bargains, Morrisons, Three Lions gift shop
- Morrisons, Booths Aldi

- There is not a lot of places to shop so we never buy clothes or things from here and now that Superdrug's not here there's not a lot of shops for makeup or health care.
- Usually don't shop in Penrith as I find there aren't any shops I want to go in. However, if I did come to Penrith I'd probably go to Sainsburys, WH Smith, B&M, Home Bargains.
- Holland & Barratt and the charity shops
- Booths
- Morrisons, Charity Shops such as Oxfam and British Heart Foundation.
- There isn't really anywhere. I would go to Carlisle or a bigger city.
- Sainsburys, other supermarkets, maybe the deli
- Another Weigh, Dorothy Perkins, Penrith Health food store, Sainsburys, Morrisons, Aldi, Home Bargains
- Town
- Aldi, Iceland, Home Bargains, Morrisons, Peacocks, Pets at Home, Sainsburys
- Charity shops for clothes etc, anywhere for food
- Home Bargains, Aldi, Morrisons
- I wouldn't. I'd go to Carlisle
- Carlisle
- Charity shops. Town Centre, Brunswick Yard
- Sainsburys for food and not for clothes
- Supermarkets – Booths, Sainsburys mostly
- Morrisons and Home Bargains
- My grandma and I really enjoy shopping in the charity shops (The British Heart Foundation, Jigsaw, Oxfam etc)
- We don't, there are no good shops
- Lion Gallery, Boots
- Aldi, Morrisons, Sainsburys, Home Bargains maybe a café or cinema
- We go to most shops
- Morrisons
- B&M
- Sainsburys
- Charity Shops, Booths
- Charity Shops, Booths, Aldi

Appendix 4

Question 6: What, if any, are the advantages of Penrith for young people who live in or close to the town?

57 respondents provided answers to this question. Responses are listed below and categorised in the Feedback section above.

- There are a lot of shops, work opportunities, schools and public areas that people can go to/use
- Lots of green spaces, youth organisations such as ATC, ACF, scouts and others, the cinema, public transport
- Closer to school
- Not really any except access to school
- None
- There's plenty to do
- There are no advantages
- Nothing
- There are two schools, there is a swimming pool, there's a big doctor's surgery and very good travel links
- Zero
- Good public transport links to the rest of the country (trains)
- It's a safe place, nice town, plenty of activities on offer/stuff to do
- Warehouse for the big seshers
- It's quiet, there's places to do activities and there's multiple shops
- N/A (Removed inappropriate)
- Good sports facilities
- The accessibility of the facilities I care about
- Leisure centre
- It has good transport links
- I can't think of any
- Don't know, nothing really, it has shops
- Friendly Town
- McDonalds, Home Bargains, Morrisons and Castle Park and the train station close to each another
- The Cinema
- Train Station
- Good transport links
- The schools are good, and there is a good range of physical activity to be involved in like hockey, netball, football, gym etc
- Train station has good connection to London, Manchester, Carlisle. Good leisure centre with hockey pitch and pool. Park run at Frenchfield, Cinema, Warehouse
- Two good schools, good facilities for food shopping, nice cafes to visit
- It has places to hang out with friends and good transport links
- Leisure Centre

- The cinema is the best thing about Penrith. McDonalds is good being close to the school so kids can stay there if they need to and it's quite a central place to meet with friends. The train station is very good for getting to Carlisle and other places.
- Regular train service to Carlisle. Good sports facilities at the Leisure centre
- The bus station and the train station
- There is a grammar school in Penrith
- Pubs
- There isn't really any other that the schools are relatively good
- Mini golf
- There's some nice shops and cafes, but it isn't too big and busy. Railways Station.
- Shops, Places to eat
- Lots of parks, cafes, toy shops
- Warehouse, cinema, leisure centre
- Everything is close together
- Cinema
- There is a cinema and a leisure centre
- Train line. Organisations like BlueJam arts helping young people into music etc
- There's a cinema and a train station taking them to Carlisle. That's it.
- Leisure centre, Youth Groups, Cinema
- The Leisure Centre
- It's quite rural town so shops/facilities/roads aren't very busy
- Close to school I suppose and close to Sainsbury's and other food shops for home
- It has got good connections for travelling and close to school
- Go and so small shops to help out
- It is easy to get to places cause it's not too busy and quite small.
- Access to food stores
- Nothing
- The cinema

Appendix 5

Question 7: What, if any, are the disadvantages of Penrith for young people who live in or close to the town?

56 respondents answered this question. Responses are listed below and categorised in the Feedback section above.

- There isn't much variety in shops, and I think there could be more events targeted at younger people
- None
- There's nothing to do, trains are unreliable so you can't escape also it's disgusting and ugly
- There aren't many shops that interest me such as I would love modelling shops (Tamiya etc) and well-priced toy shops
- There aren't enough places to socialise after school hours and at weekends
- Not a lot of casual restaurants
- I think towns are bad for people to live in since its easy for them to do drugs and they also have no fresh air
- It's horrible
- There isn't much to do. Not in comparison to other towns. There is the cinema and the park but other than that there isn't much else
- Not many job opportunities
- Lack of shopping options except for supermarkets
- Public transport is awful. The swimming pool is too small. We need a 50m Swim pool. There is also no running track which would be very helpful
- Not much variety. Sometimes not safe
- Again, I wouldn't know
- Not very natural
- The frighteningly repulsive architecture around Penrith
- Not many good shops
- There is not much to do
- There are no places to meet or do things together
- Not many places to have fun
- Not enough for young people
- The fact how there's not a lot to do and there are drug dealers
- Don't have any massive brand clothes shops
- There isn't a huge variety of activities for our age group
- Not much to do
- There's not much recreationally for young people to do and I think this leads to bad habits such as drugs and alcohol as youths get bored and have nowhere to go
- Few Clothes shops, No bowling alley, Not many buses

- Lack of night activity, lack of shops that appeal to young people such as clothes shops
- Lots of dog poo
- Not much to do, few shops
- No good clothes or shopping places, not many clubs
- Not a good variety of shops, no free things to do for young people, other than going to the park, bus services not great, no activities to do other than shop, e.g. escape room, crazy golf is weather dependent
- It is quite small
- There's not much to do. But that's not really a disadvantage because Carlisle is easily accessible by train
- Lack of public transport, lack of things to do, not particularly diverse society so sometimes feel like an outsider
- N/A (Removed inappropriate)
- New Squares area is deserted
- Not enough clothes shops for young people
- Drugs, alcoholics, not as many shops for young people like in Carlisle i.e. Top Shop, River Island, New Look
- Lots of junctions, town is normally quite busy, quite a few misbehaved people around town and in McDonalds
- Not many recreational places to do activities with friends, especially those who are younger (early teens)
- There is not much to do, and some shops are overpriced
- Lack of modern shopping
- There aren't enough facilities and big shops for young people, so it's just better to go to Carlisle
- There is no or little public transport to Penrith from surrounding villages, also there isn't great publicity for community events/clubs
- There is only one activity to do which isn't very social, little events for young people
- There aren't many shops that appeal to younger people (e.g. Primark, New Look, H&M)
- Well I guess the only disadvantage would be the 'Penrith Pong'
- There are no good shops and basically nowhere to hang out
- Not anything really aimed for younger people
- Not many shops for young people
- Might not always be safe
- I don't know any disadvantages. I haven't had any.
- Smells bad sometimes
- There's not a lot to do
- No Youth Club as far (as I'm aware), lack of public transport

Appendix 6

Question 8: What, if anything, do you think could be changed about Penrith for people your age?

53 respondents answered this question. Their responses are listed below and categorised in the Feedback section above.

- More youth clubs or youth cafes. Record and roller discos are cool too
- More shops and a place to play football or sports somewhere warm
- More things to do
- QEGS could have more hand sanitizers, as I mentioned more modelling/toy shops etc
- More places to go like a bowling alley
- Parks?
- A Selfridges
- I don't know as I prefer not to be in towns full stop
- Build more I guess???
- Bring more major employers into the town and ones that are willing to give young people a chance
- New nightclub
- Sports Facilities are really bad, it would be nice to improve these
- Make it bigger and better
- More trees
- Punish idiocy so it doesn't happen, reduce the amount of 'drug dealers' in Penrith as so I have been told by several of my friends who live in Penrith. Furthermore, resolve the problem of people smoking anywhere between the railway station and the centre of town making sure that it is strictly enforced.
- Add more good shops
- Make it so there are more places we can interact and have fun
- More places to have fun
- Make more available for young people
- More things to do like more clothing shops and things
- The advertisement of clubs that goes on outside of the schools
- More public transport
- More clothing shops
- More activities at weekend
- More facilities for fun things to do so people aren't turning to bad habits
- More concerts/exhibitions
- Better bus routes
- More footpath routes around town or just more signs to footpath circuits
- Less supermarkets and more 'bohemian' shops and touristy things
- More place to meet with friends and more shops for teenagers

- More activities/shops
- There could be more shops aimed for younger people and not as many hairdressers or supermarkets
- Better shops (variety e.g. clothes shops)
- Better facilities
- Cinema is too expensive, youth cafes such as the Bridge are being shut down, train fares to Carlisle are extortionate
- Improve mental health services, cheaper public transport
- Have a cheap make-up shop for teens, have a new Look, Top Shop and River Island
- More activities and maybe for clothes shops - you could replace a few of the barber shops (because there's way too many of them) with any of those things
- More activities
- Get a roller disco, trampoline park, miniature theme park, bigger library, more book shops and some funky street art
- Facilities
- Maybe an athletics track
- Better shops
- There could be more pedestrian crossings with traffic lights and 'Angel lane Chippy' could be more friendly to children/youths that are on their own
- More shops and more grassy areas which aren't in castle Park
- Somewhere for young people to want to go and hang out at
- Add more things for fun
- Not sure
- There could be different shops like Primark, Starbucks and other shops that are everywhere but not in Penrith, which is quite annoying
- More things for youths to do
- More places to hang with the gs
- More things to do (especially after school since some people are stuck in Penrith until later)
- More public transport to surrounding villages

Appendix 7

Question 10: What Youth Clubs/Other Youth Organisations/sports facilities or other youth venues do you know about in Penrith?

51 respondents answered this question. All responses are listed below and categorised in the Feedback Section above.

- Leisure Centre, The Gathering, The Bridge, Penrith YAP, Eden District Youth Council
- ATC, ACF, Scouts, Leisure centre, castle Park Tennis courts
- None
- Penrith Leisure Centre, that's it!
- Leisure Centre
- Hockey Club
- None
- Langwathby Badminton, the canoe polo at leisure centre, Police cadets, Young Farmers
- None
- None
- Leisure Centre, Cricket Club, Rugby Club, Frenchfield, YouthZone, Squash Club
- Warehouse, Penrith leisure Centre
- N/A
- Scouts, town band, swim club, hockey club, rugby club
- Rugby Football, Air Cadets, Dance
- Leisure Centre, Skate Park, Frenchfield, Rugby Club
- Cinema
- Penrith Rugby Club, various football clubs
- Leisure Centre
- I know the Leisure Centre and the Cinema
- Air cadets
- Leisure centre
- Girl Guiding/Scouts, The Gathering, Leisure Centre
- Penrith hockey club, Netball club, Girls Football, Guides, Penrith Players
- Leisure centre has a gym and Astro Turf, Brownies and Guides
- Penrith Rugby Club, The Warehouse
- Leisure centre, Penrith Players, Netball club of QEGS (from 6-8), Badminton Club, Rugby Club, Young Farmers
- Penrith Leisure centre
- Sports at Leisure Centre, Eden Runners, Badminton, Netball
- Leisure Centre, Penrith Players, Netball Club at QEGS from 6-8, Badminton Club, Rugby Club, Young Farmers
- Penrith Leisure Centre
- The Leisure Centre

- Penrith Swimming Club, Penrith Tennis
- The Bridge, Leisure Centre, Centre Parcs, Warehouse, Rugby Club
- Different Sports Teams, there used to be a youth club but I'm not sure if it still exists
- Guides, young farmers
- The Bridge youth café, Church youth clubs
- Leisure centre, Youth Club – multiple, Brownies
- Leisure centre
- The Gathering, the Leisure Centre, the Bridge, the many Churches
- None
- The Gathering
- Blue Jam Arts, The Bridge, The Christian Youth Club (not sure the name) near St Andrews, Eden Youth Council
- Leisure Centre, Penrith Football, Hockey, Rugby and Cricket Club, Frenchfield, Penrith Players, Guides and Scouts
- None
- Penrith Leisure Centre
- Penrith Rugby Club, Tennis Club, Leisure centre
- The Gathering
- Nothing
- The Gathering, Youth Council
- Penrith Players

Appendix 8

Question 12: If you are currently involved in Sports activities, please list all of them below:

33 respondents answered this question. Responses are listed below and categorised in the Feedback Section above.

- Climbing
- CrossFit 'Kids+Teens'
- Football
- None
- Climbing, Mondays weekly
- Lazonby Pool (not lessons)
- Rugby, Rowing, Athletics
- School rugby, Badminton, Gym
- Badminton, Hockey, Climbing
- Rugby, Gym
- Football and Cricket
- Eden Runners
- Swimming (used to be in Penrith but pool was so bad I moved to Carlisle)
- Swim Club
- Badminton, Football
- Rugby
- Football, Rugby, Running
- Karate
- Trampolining, Double-Mini Trampoline
- Hockey and Gym/Exercise Classes
- Swimming, Netball, Fitness Class
- Swimming, Yoga
- Swimming (Carlisle), Dancing, Running, Biking, Tri
- Swim, Climbing Wall
- Hockey
- Badminton, Dance, Windsurfing and climbing/bouldering (all outside Penrith)
- Penrith Hockey
- Penrith Swimming Club, Eden Runners
- 'Razzmataz' Penrith
- Tennis, Netball
- Dancing
- Swimming (sometimes)
- Cheer (Carlisle), Trampolining

Appendix 9: Survey



Penrith Town Council

Youth Advisory Panel (YAP)

What do Youthink about Penrith?

Youth Views on Penrith

If you are aged between 14-25, and live in or close to Penrith, please complete the survey below. Completed surveys should be returned to Penrith Town Council, Unit 1, 19-24 Friargate, Penrith CA117XR by 27th February, 2020.

Overview

Working with the Town Council, the Youth Advisory Panel (YAP) have set this survey up to explore what young people living in or near Penrith think about what's available for them in the town. The survey is available online via the Town Council's website and social media platforms. Links will also be found on social media used by young people. Hard copies of the survey are available from YAP Members, Penrith Library and the Town Council Office.

Why We Are Consulting

Penrith Town Council is working with the Youth Advisory Panel to gather opinions from young people aged 14-25 who live in or near the town. The goal is to reach better understanding of young people's aspirations and needs and, wherever possible, work in partnership with them and

others to make a difference in the lives of younger generations in Penrith.

Please answer the following questions. Note all answers will be anonymised.

1. What age group are you in?

(Required)

- Aged 14-16
- Aged 17-19
- Aged 20-24

2. How do you identify yourself?

(Required)

- Male
- Female
- Transgender
- Not Sure
- Don't know
- Rather not say

3. Where do you live?

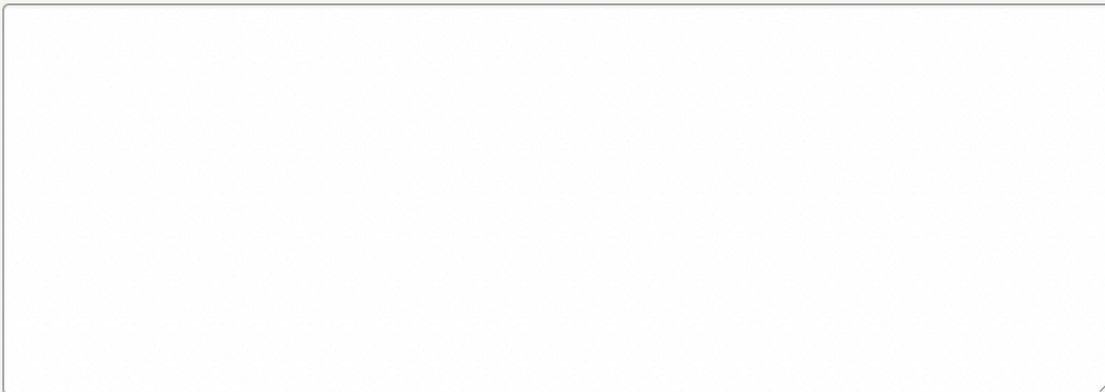
(Required)

- Penrith
- Close to Penrith (within 5 -10 miles)
- Outside immediate area but at school/college in Penrith and/or regularly use the town's facilities
- Outside immediate area but work in Penrith and/or regularly use the town's facilities

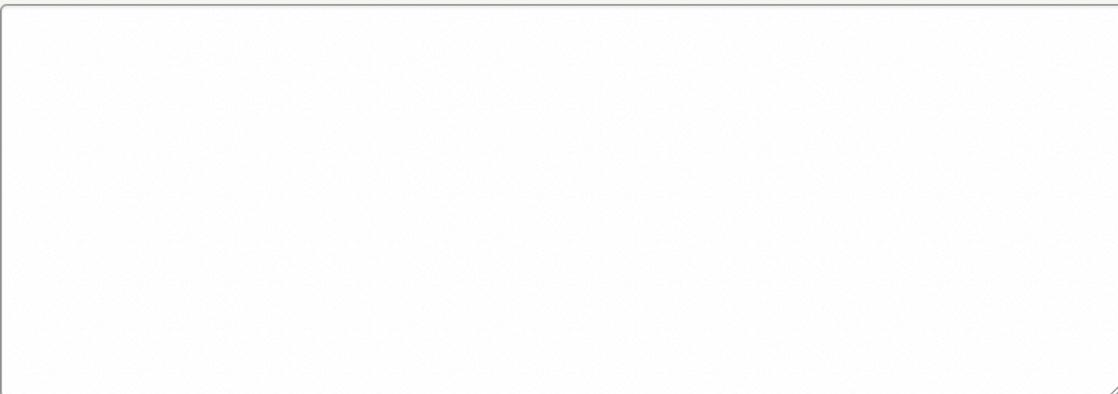
4. If you are in Penrith with friends or family, where do you go to hang out?



5. If you are in Penrith with friends or family, where do you go to shop?



6. What, if any, are the advantages of Penrith for young people who live in or close to the town?



7. What, if any, are the disadvantages of Penrith for young people who live in or close to the town?

8. What, if anything, do you think could be changed about Penrith for people your age?

9. How would you rate the following for young people in Penrith?

	Excellent	Good	OK	Poor	Very Poor	Don't Know
Range of things to do	<input type="radio"/>					
Affordability of things to do	<input type="radio"/>					
Information about what's going on	<input type="radio"/>					
Getting around e.g. Transport	<input type="radio"/>					
Shopping	<input type="radio"/>					

10. What Youth Clubs/Other Youth Organisations/sports facilities or other youth venues do you know about in Penrith? Please list all of them below.

11. Which of the following do you attend in Penrith? Please select all that apply.

- Youth Clubs
- Uniformed groups (e.g. Guides, Scouts, Air Cadets)
- Dance lessons/groups
- Arts/crafts sessions
- Music lessons/groups
- Sports Clubs
- Young Farmers
- Other
- I don't attend any groups locally

12. If you are currently involved in Sports activities, please list all of them below:

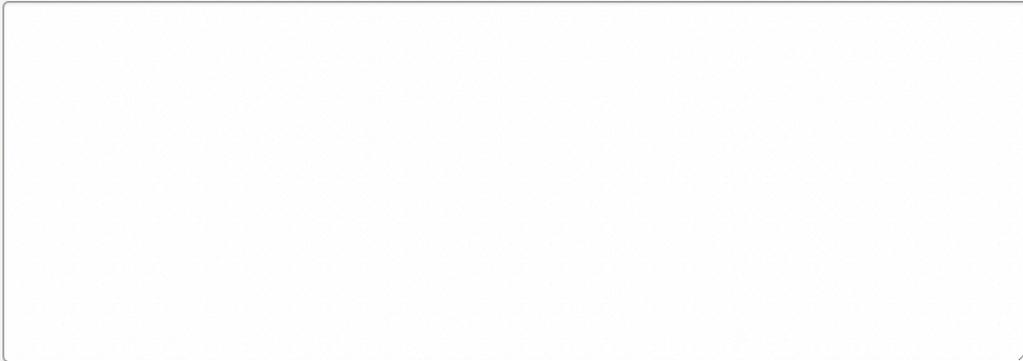
13. Thinking about the youth clubs/youth organisations/sports facilities or other youth venues you go to in Penrith, how would you rate them?

	Excellent	Good	OK	Poor	Very poor	Don't know	Don't attend any
Variety of activities	<input type="radio"/>						
Affordability of activities	<input type="radio"/>						
Facilities Overall	<input type="radio"/>						

14. If you would like alternative youth clubs/youth organisations/sports activities/other youth provision in Penrith, what would you like?

15. Where would be a good venue for the alternative youth clubs/youth organisations/sports activities/other youth provision in Penrith which you have mentioned in Q.14?

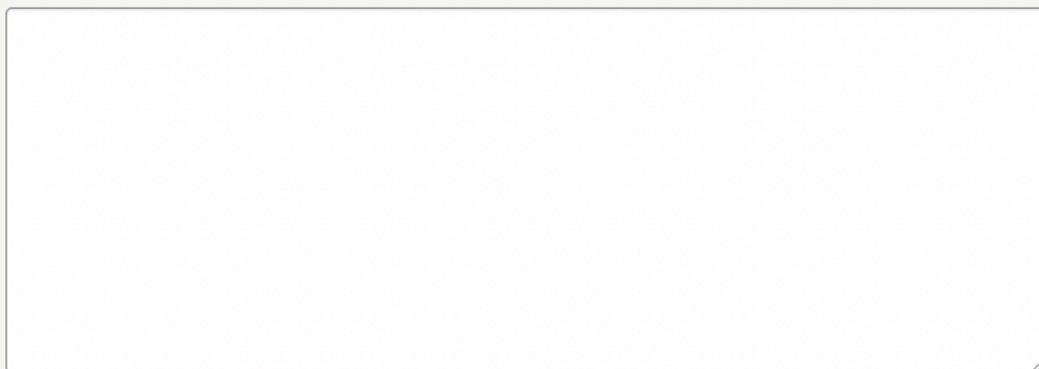
16. What timescales e.g. opening days and times would you prefer for the youth activities you would like?



17. Do any of the following stop you from doing activities outside school or work? (Please tick all that apply).

- There's nothing available in my immediate area
- It costs too much money
- I don't have time
- I have no-one to go with
- There isn't a bus service/public transport
- I don't have access to any private transport
- There's nothing available at the time I want to do it
- I don't know how to find out what's going on
- I'm not interested in any activities
- I'm too shy
- Nothing stops me

18. What, if any, skills would you like to learn outside school or work?



19. What is your favourite thing to do in your free time?

**20. If any, what do you think are the most serious challenges facing you?
Please tick all that apply.**

- School/College work
- Exams
- Career/job prospects
- Money
- Health
- Friendship Issues
- Family circumstances
- Things to do
- Environmental issues
- People to talk to
- No suitable places to go
- Bullying
- Anxiety
- Mental Health
- Peer pressure
- Relationships with friends
- Alcohol problems
- Drug problems
- How other people view young people
- Other

21. If you answered 'Other' in Q.20, please indicate below what challenge(s) you face? You do not need to answer this question if you are anxious about it.

22. If you highlighted any specific problems/ challenges in Q.20 and/or Q.21, would support from a local support worker be helpful to deal with them?

- Yes
- No

23. Please indicate how important the issues around Climate Change are to you? Please rate on a scale of 1-10, where 1 is 'not at all important' and 10 is 'exceptionally important.'

- 1. Not at all important
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10. Exceptionally important

24. Would you be prepared to get involved in supporting local Climate Change Projects that are attempting to make a difference?

- Yes
- No

DATA PROTECTION

Information collected in our surveys will only be used by us (Penrith Town Council) to inform the immediate and future provision of services. The information you provide will be kept confidential in accordance with the General Data Protection Regulations 2018. Anonymised results/analysis may be shared with partners who work closely with us. Otherwise, the information will not be shared outside of Penrith Town Council.

Thank you for completing the Survey.

Please don't forget to return this survey by 27th March to:

**Penrith Town Council, Unit 2, 14-25 Friargate Penrith
CA117 XR**



WHAT HAPPENS NEXT?

Your feedback will inform the 3 Town Councillors who are supporting the Youth Advisory Panel. Any recommendations they make after their discussions with the panel and any appropriate partners will go forward for consideration by the Town Council.